



Medical Terminology

Anatomical Position, Directional Terms and Movements

ANATOMICAL TERMS

Supine

Someone in the supine position is lying on his or her back.

Prone

Someone in the prone position is lying face down.

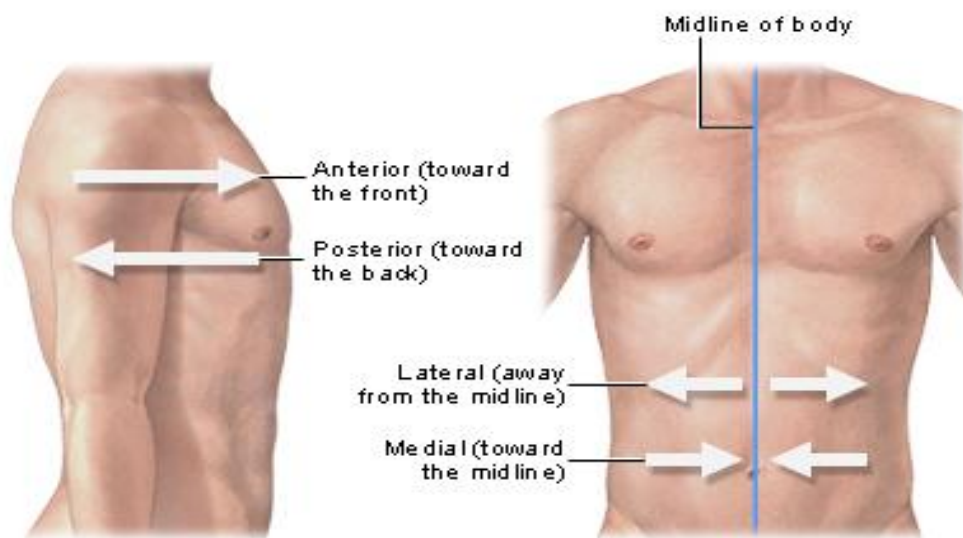
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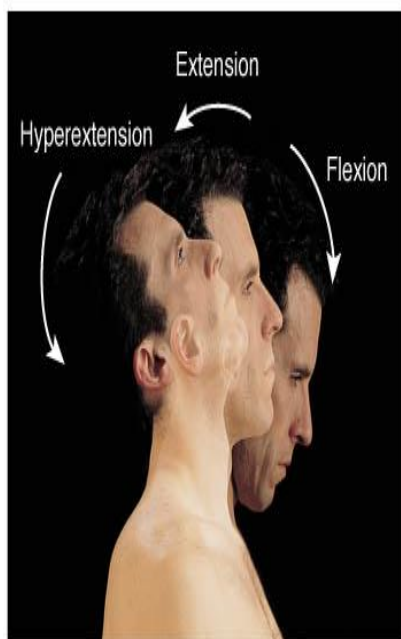
ANATOMICAL TERMS



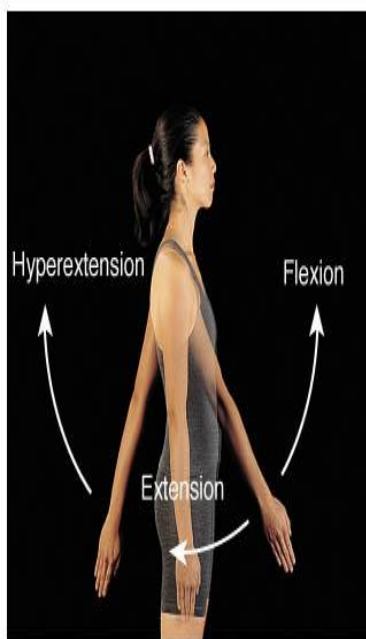
Distal – Away from Midline
 Proximal – Towards the Midline



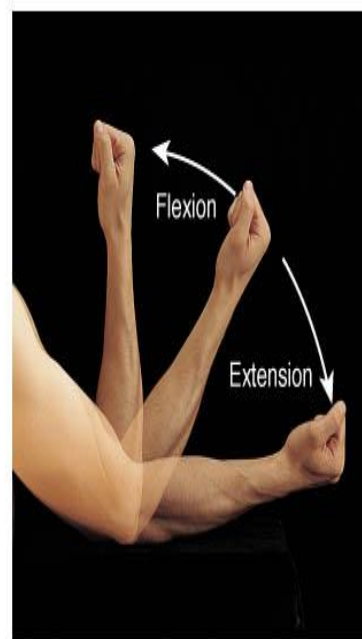
ANATOMICAL TERMS



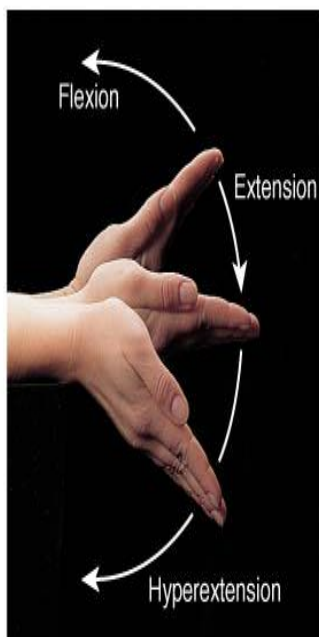
(a) Joints between atlas and occipital bone and between cervical vertebrae



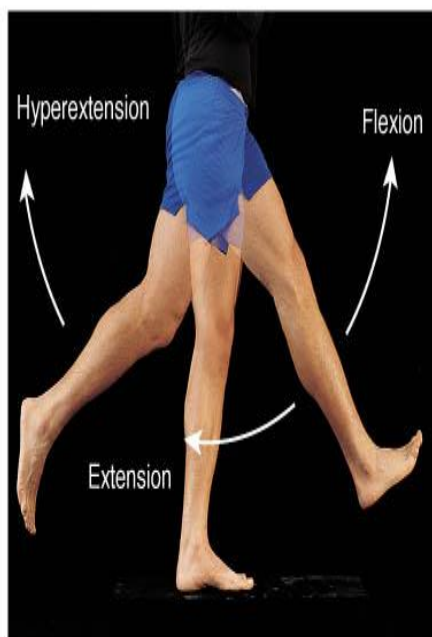
(b) Shoulder joint



(c) Elbow joint



(d) Wrist joint

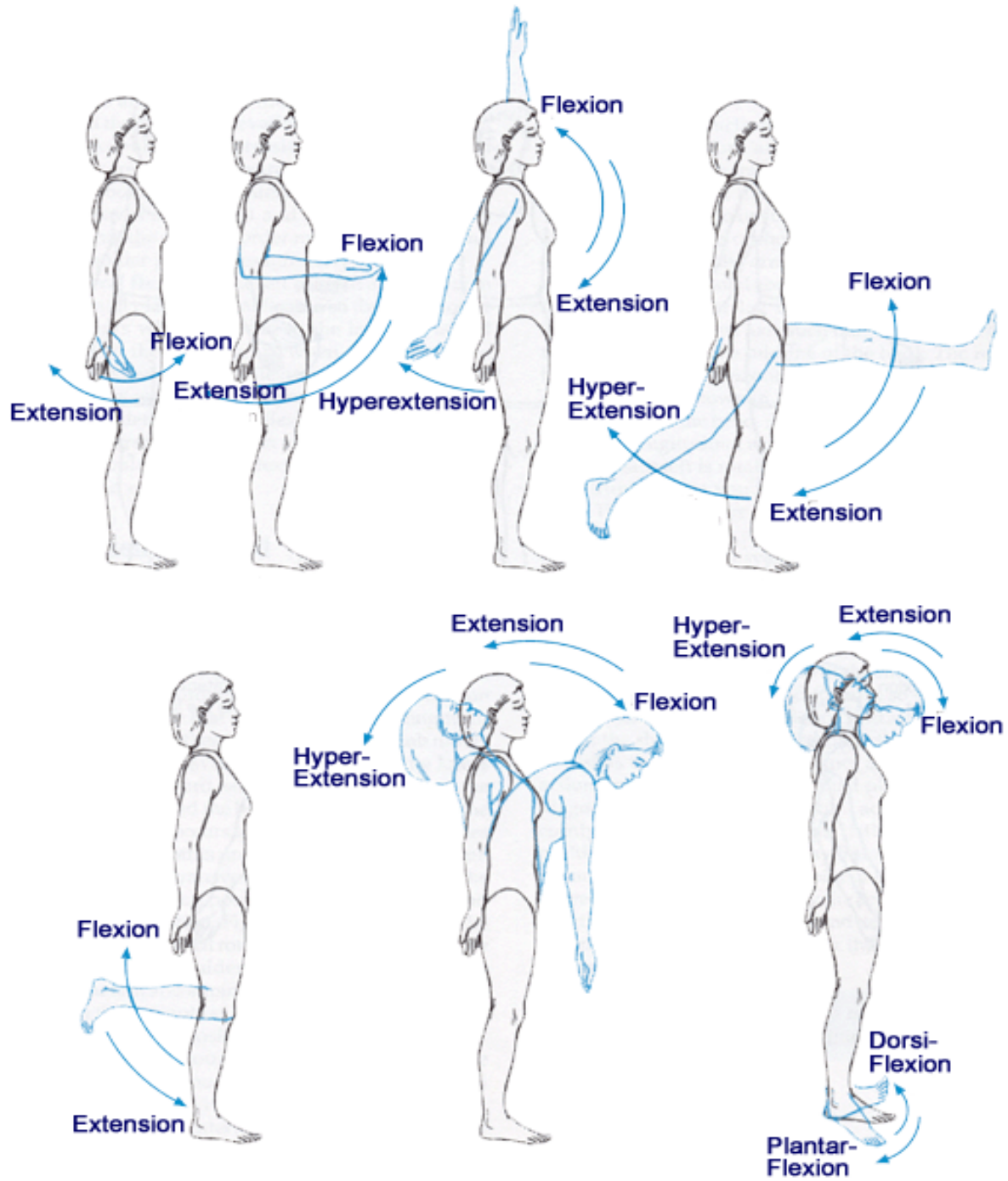


(e) Hip joint



(f) Knee joint

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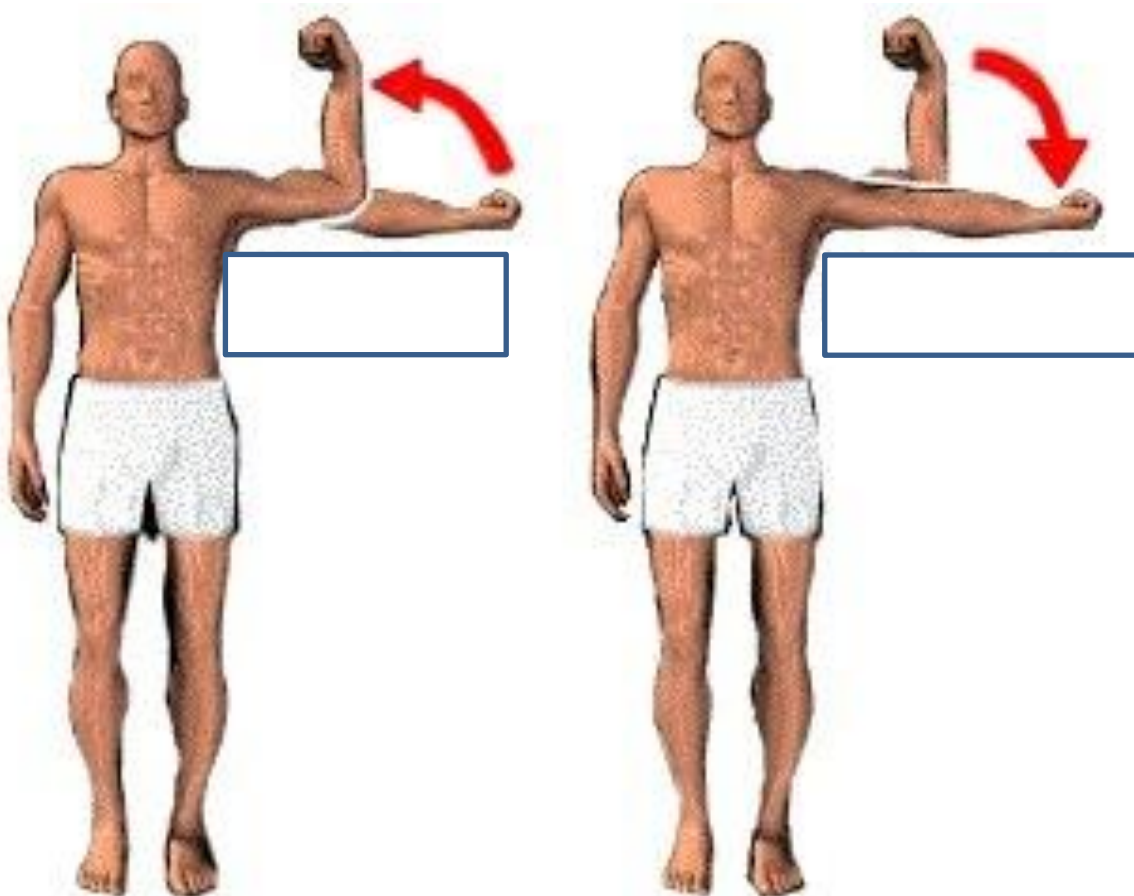
Flexion

Flexion is to bend at a joint, or to reduce the angle.

Extension

Extension is to straighten at a joint, or to increase the angle, for example, from 90 degrees to 180 degrees.

- Fill in the blanks:



ANATOMICAL TERMS

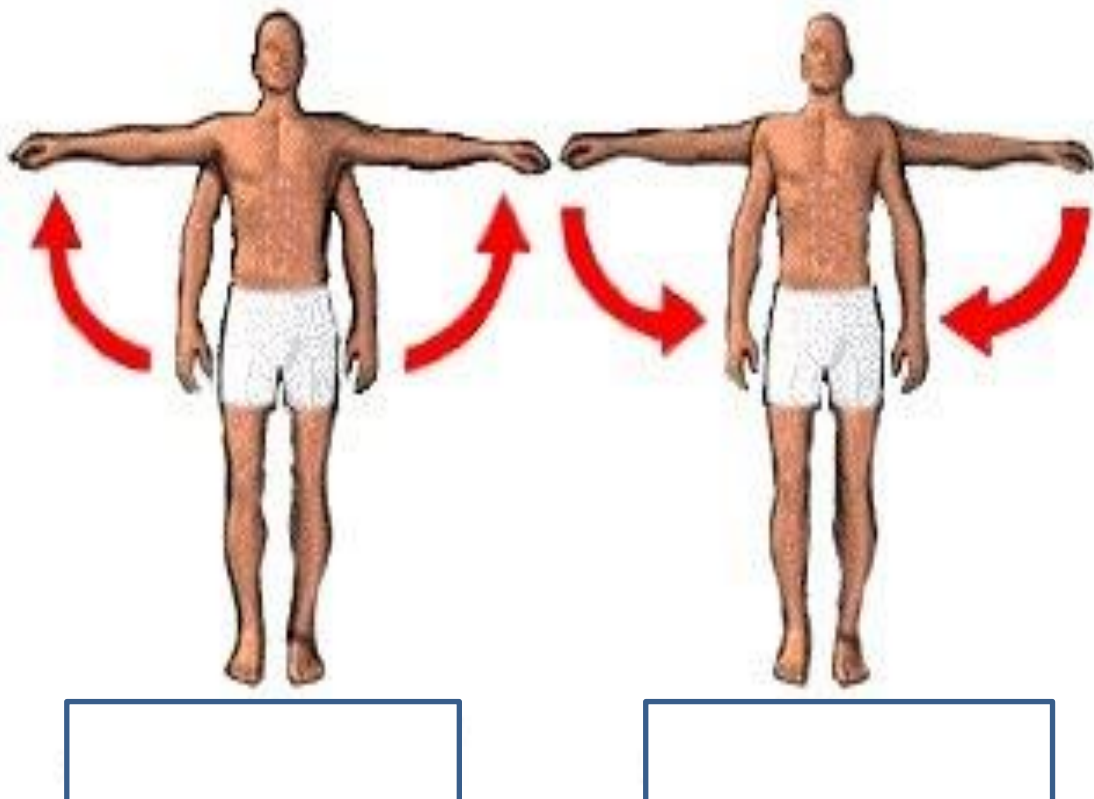
Abduction

Abduction is movement away from the midline

Adduction

Adduction is movement toward the midline.

- Fill in the blanks:



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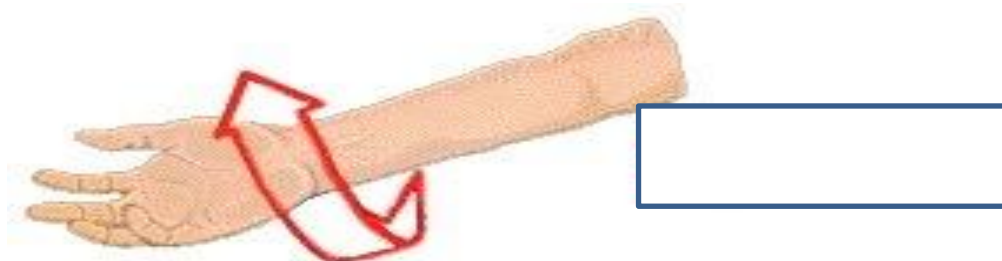
Supination

Supination is to rotate the forearm so that the palm faces forward.

Pronation

Pronation is to rotate the forearm so that the palm faces backward.

- Fill in the blanks:

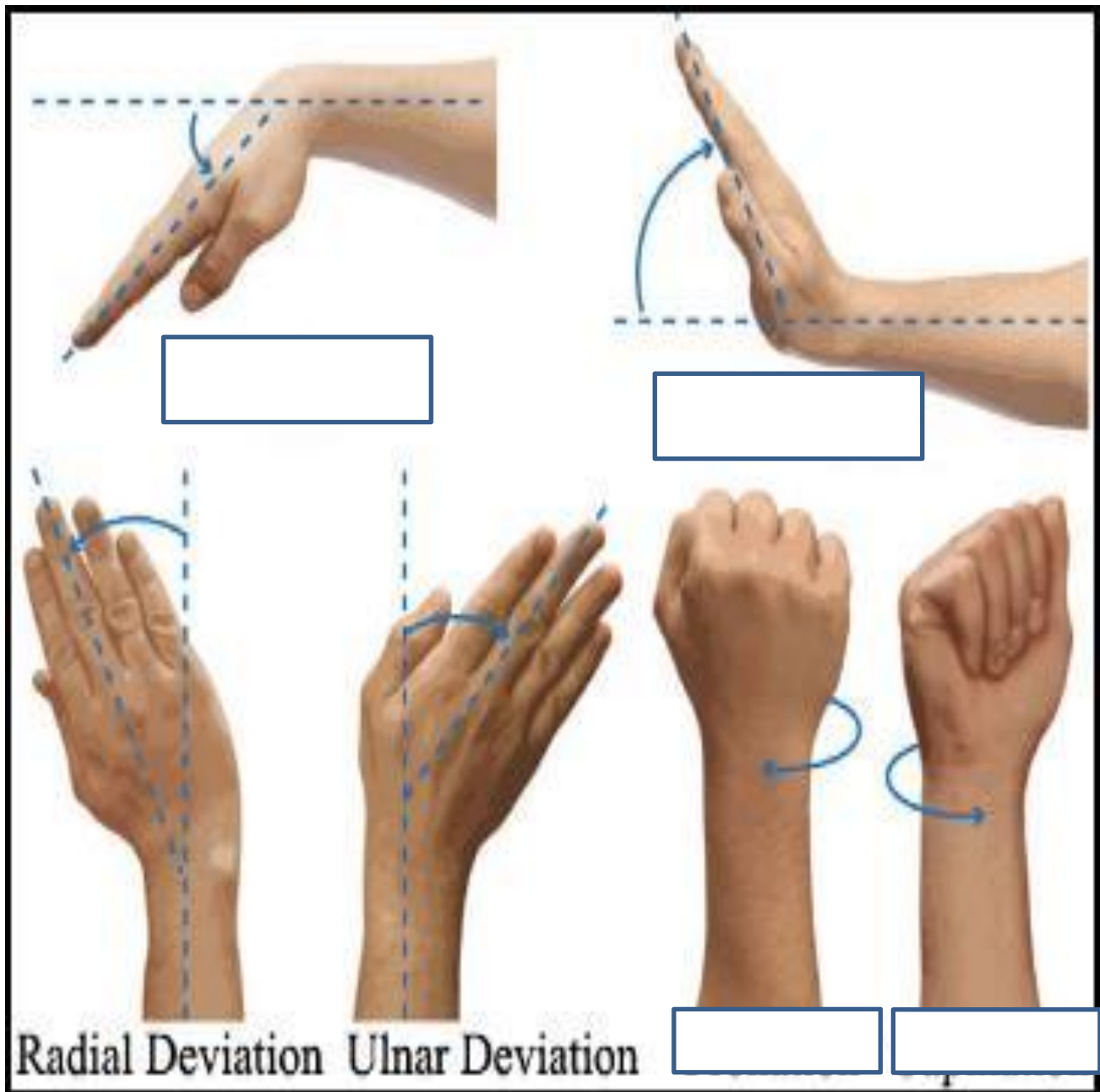


Pronation



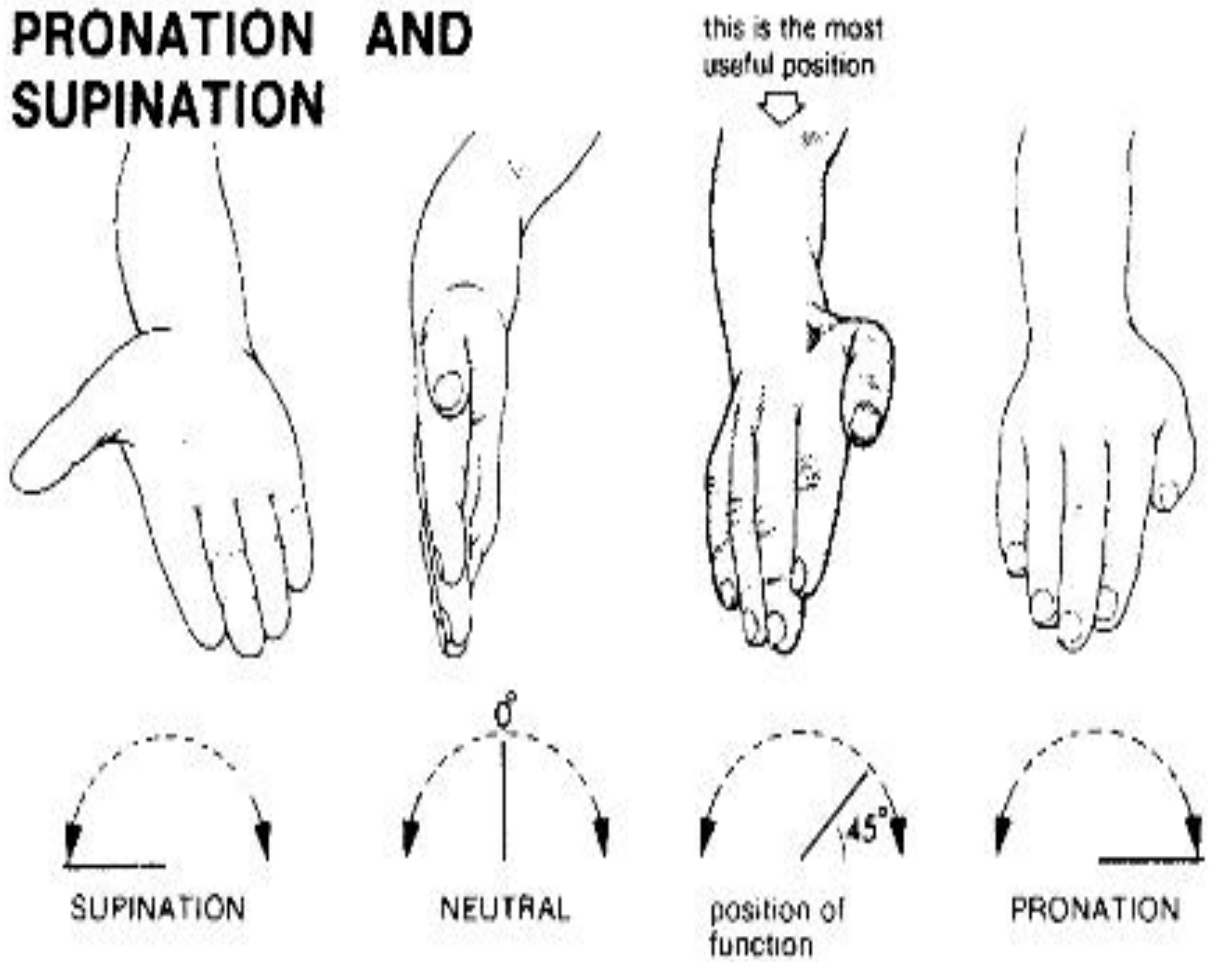
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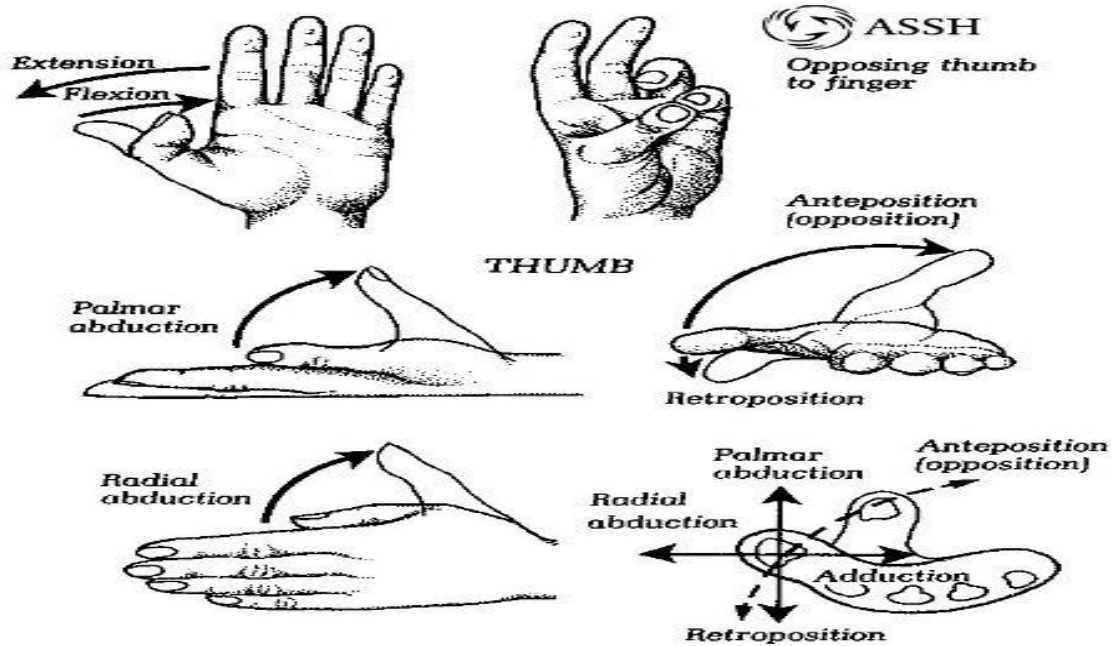
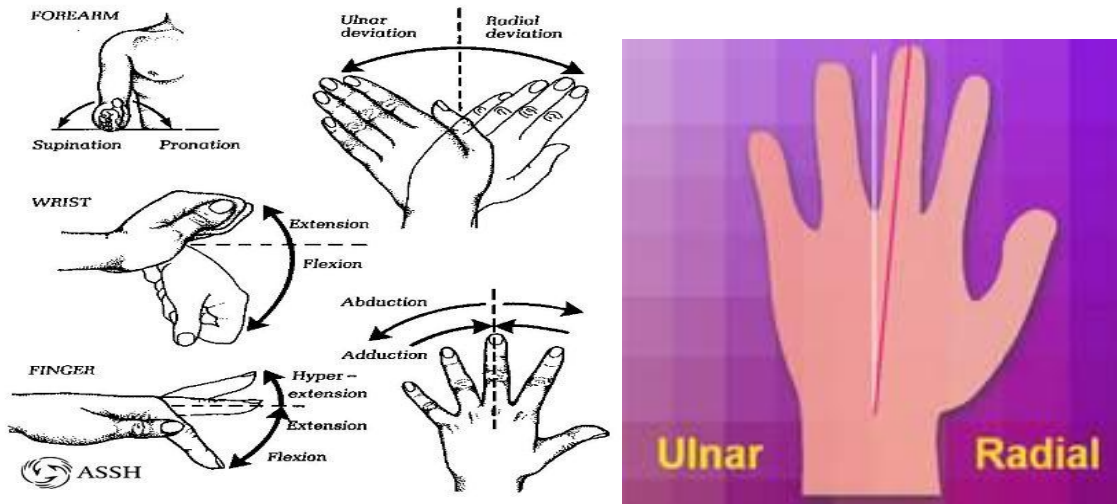


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PRONATION AND SUPINATION

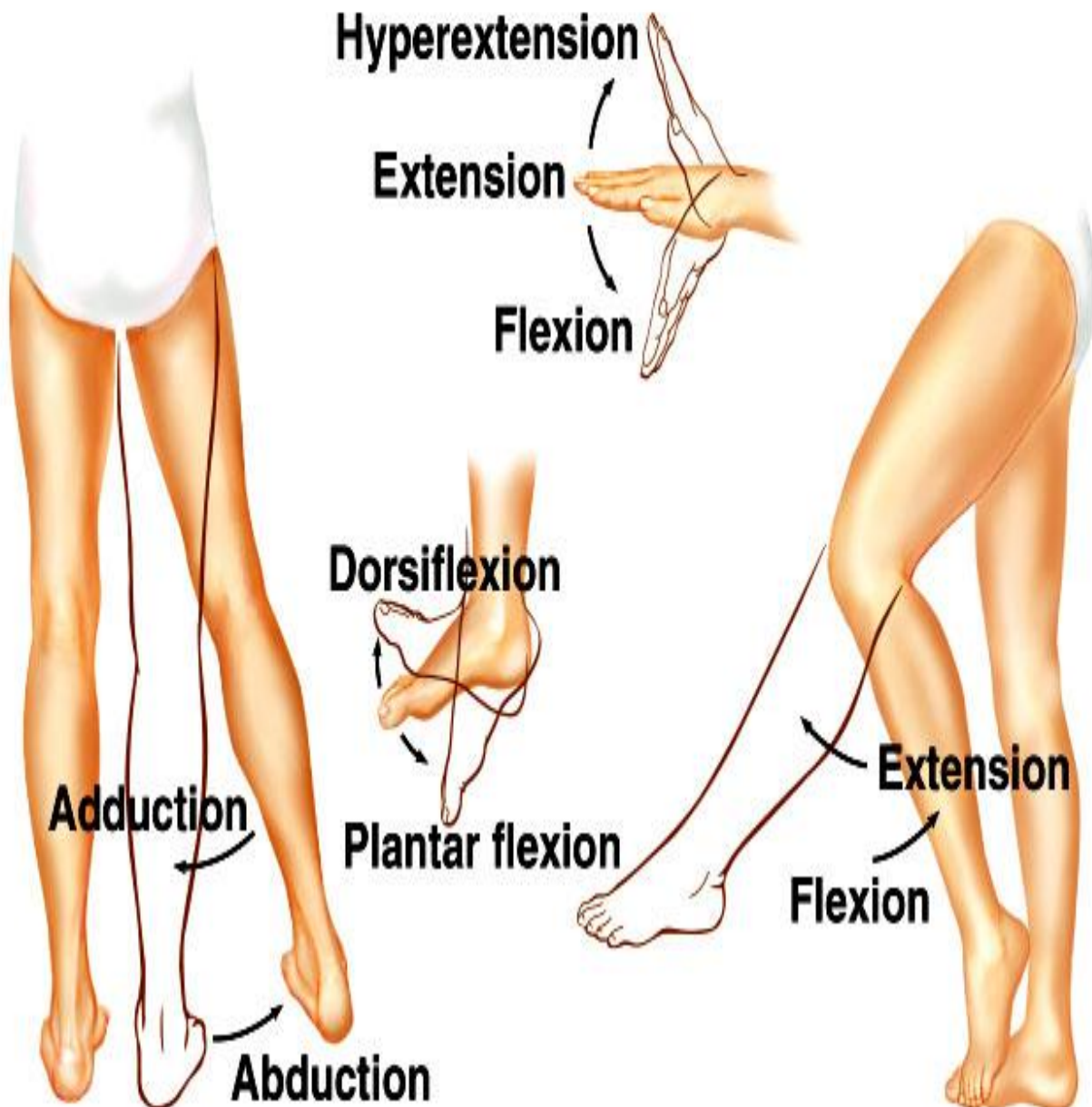


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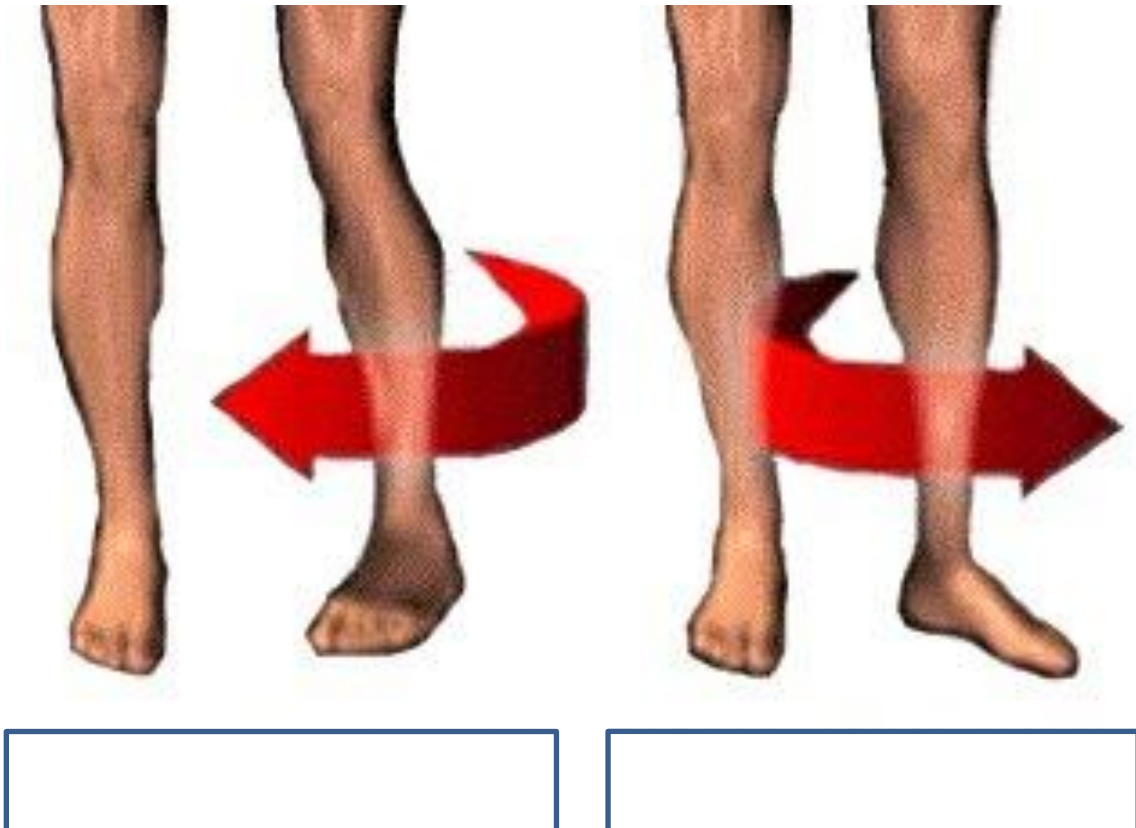
Medial Rotation

Medial rotation is to turn inward.

Lateral Rotation

Lateral rotation is to turn outward.

- Fill in the blanks:



INTERNET RESOURCES:

The following links have videos on infant evaluation. These are short 10-15 minute videos on infant reflex maturation, motor development and evaluation.

- <http://pathways.org>: Educational Videos and Tools and Resources
- www.youtube.com/watch?v=pV7XgPQNuO4&feature=player_detailpage
- <http://www.youtube.com/watch?v=VjyAZw1B1tc&list=PLz27Rlp3y6XsmcPui7cR2PfumjJwEzSjZ&index=14>