

Institute for
**Person-Centered
PRACTICES**



**Person Centered Planning
Better Lives, Not Just Better Paper**

Presented by:

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The Institute on Person Centered Practices

A Collaborative Partnership with
The Center on Disability Studies at the University of Texas and
The Center on Disability and Development at Texas A&M University



20 Years Ago...



Herb Lovett said:

**When you can improve
David's quality of life...**

as HE defines it...

His behavior will change.



Person Centered Planning

	Rehabilitation View	Independent Living View
<i>Terms for defining the problem</i>	Impairment/skill deficiency	Dependence on professionals, relatives and others who take over control of your life.
<i>Where is the problem located?</i>	In the person	In the environment & the way services do their work
<i>What's the solution?</i>	Professional intervention	Removal of barriers, advocacy, consumer control, & self-advocacy
<i>Who is the person?</i>	Patient/client	Person/citizen
<i>Who's in charge?</i>	Professional	Citizen
<i>What defines results?</i>	Maximum possible individual functioning as judged by professionals	Living independently (being in control of your life regardless of how much assistance you need to do so)

Normalization - "Origins of Person Centered Planning" - Connie Lyle O'Brien & John O'Brien



The Learning Community
for person centered practices

The Learning Community for Person Centered Practices envisions a world where all people have positive control over the lives they have chosen for themselves. Our efforts focus on people who have lost or may lose positive control because of society's response to the presence of a disability. We foster a global learning community that shares knowledge for that purpose.

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Introducing the Core Concept:

IMPORTANT TO
AND
IMPORTANT FOR
AND
THE BALANCE BETWEEN THEM

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Important *TO*

What is important to a person includes those things in life which help us to be satisfied, content, comforted, fulfilled, and happy. It includes:

- People to be with /relationships
- Status and control
- Things to do and places to go
- Rituals or routines
- Rhythm or pace of life
- Things to have

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Important *FOR* (Part One):

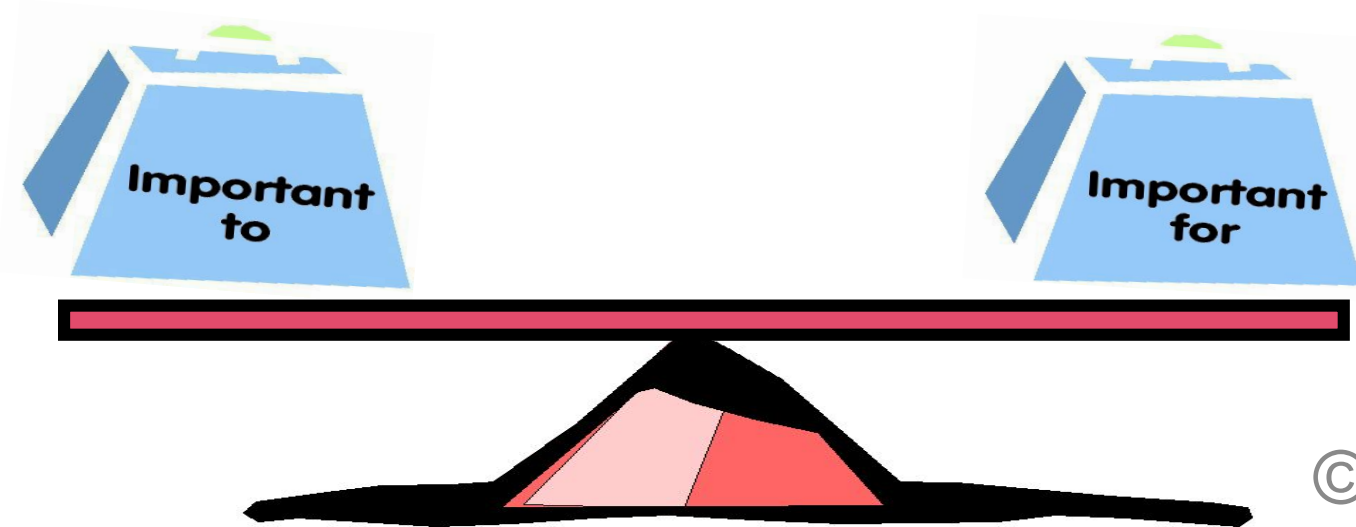
- Issues of *health*:
 - Prevention of illness
 - Treatment of illness / medical conditions
 - Promotion of wellness (e.g.: diet, exercise)

- Issues of *safety*:
 - Environment
 - Well being ---- physical and emotional
 - Free from fear

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Supporting a Good Balance

Support the person in having a reasonable balance between important TO and important FOR present in their life, within the available resources.



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