

Occupational Therapy Session	
Date	6/12/2013
Name	Kelly
Current Status; Changes since last visit	Mother stated that K is becoming very “clingy” and wants to be held all the time. Discussed responsive caregiving with mom and explained how to listen, differentiate and respond to the different types of cries, sounds, and facial expressions. ★
IFSP Outcomes worked on	Sit independently and play with toys
Activities with caregiver to address outcomes	<p>1 Asked mom to demonstrate activities from previous session. Showed Mom to decrease support in sitting by holding around the knees and not around the waist and hips. ★ He was able to sit for a second or two with the decreased support. ■</p> <p>2 Showed mom to use household items to bang and make noise to encourage reach and balance in sitting. ▲ Mom practiced position and stated she felt more confident now in providing less support to encourage more independence in sitting. ■ Said they will practice before each meal time. ●</p> <p>3 Suggested seat him on the floor and slowly increase time in sitting while decreasing support during feeding and while dressing/undressing upper body clothing ●</p>
Reminders; things to practice till our next visit	<ol style="list-style-type: none"> 1. Be aware of different needs expressed by Fernando throughout the day so as to decrease “clinginess” 2. Encourage reach by placing toys/household items within reach so Fernando can reach and recover 3.

(A) coaching and instructions to the family or caregiver ■

(B) attention to how activities apply to child and family routines ●

(C) modeling intervention techniques within everyday learning opportunities ▲

(D) skilled, professional service ★

(E) child’s response and progress ■