

Speech Therapy Session	
<b>Date</b>	6/3/2013
<b>Name</b>	Ashley
<b>Current Status; Changes since last visit</b>	Arrived to the home during the family's meal time. Mom reported A had attempted to chew on a graham cracker two days before our visit. Mom reported that A took one  bite of the graham cracker with her front teeth and then mouthed the graham cracker with her tongue and lips. Discussed with mom ways to incorporate positive reinforcers into mealtimes, including access to a preferred toy paired with verbal praise each time A completes the required task (i.e., takes 1 bite). 
<b>IFSP Outcomes worked on</b>	chew a variety of foods, use single and two-word phrases to request food items <b>abbreviated outcomes</b>
<b>Activities with caregiver to address outcomes</b>	<ol style="list-style-type: none"> <li> Explained to mom the importance of providing food choices and prompting A to verbalize her choices. By doing this, A will increase her vocabulary and may become more motivated to chew her food. Mom gave A a choice between a Veggie Stix and a cookie. Instructed mom to use a simpler word for Veggie Stix, such as cracker. A responded, "want cacker (Cracker)". </li> <li> Explained to mom how to introduce chewing to A. Instructed mom: show A how to chew by placing food in your mouth and over-exaggerate the  movement to help communicate the concept. Use actual food when showing her. During playtime, can use puppets with mouths to illustrate biting (later chewing). Take turns to feed the puppet - fun and playful. Make a bite sound or an "um" sound. Allow A to feed you.  Mom practiced chewing in over-exaggerated movements with a graham cracker and a veggie stick. Mom and A practiced feeding the Veggie Stix to an Elmo puppet. Each time mom or A gave the puppet a bite, they would say "umm".</li> <li> Demonstrated how to place the Veggie Stix between A's side teeth for biting during the family meal time.  Suggested mom hold piece of food between A's  side teeth and assist her jaw in opening and closing on both the right and left sides in order to increase her bilateral chewing and jaw strength and stability.  Mom practiced placement of the Veggie Stix on the right side of A's mouth and then practiced on the left side. With mom's assistance in opening and closing her jaw, A bit on the Veggie Stix five times on each side of her mouth (left and right). A used her tongue to push back and swallow the softened Veggie Stix after chewing practice. Instructed mom to wait and model the phrase, "more cracker", before presenting an additional Veggie Stix to A. A imitated "more cracker" five times during the session. </li> </ol>
<b>Reminders; things to practice till our next visit</b>	See above instructions. 1) provide choices of food items during meal times; 2) during playtime, feed various dolls and puppets; 3) Practice chewing soft solids by placing between side teeth; 4) model two-word phrases to request during meal times

(A) coaching and instructions to the family or caregiver 

(B) attention to how activities apply to child and family routines 

(C) modeling intervention techniques within everyday learning opportunities 

(D) skilled, professional service 

(E) child's response and progress 