

Institute for
**Person-Centered
PRACTICES**



**Person Centered Planning
Better Lives, Not Just Better Paper**

Presented by:

Laura G. Buckner, M.Ed., L.P.C., M.O.M.

The Institute on Person Centered Practices

A Collaborative Partnership with

The Center on Disability Studies at the University of Texas and
The Center on Disability and Development at Texas A&M University



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cdd.tamu.edu

<http://person-centered-practices.org/>



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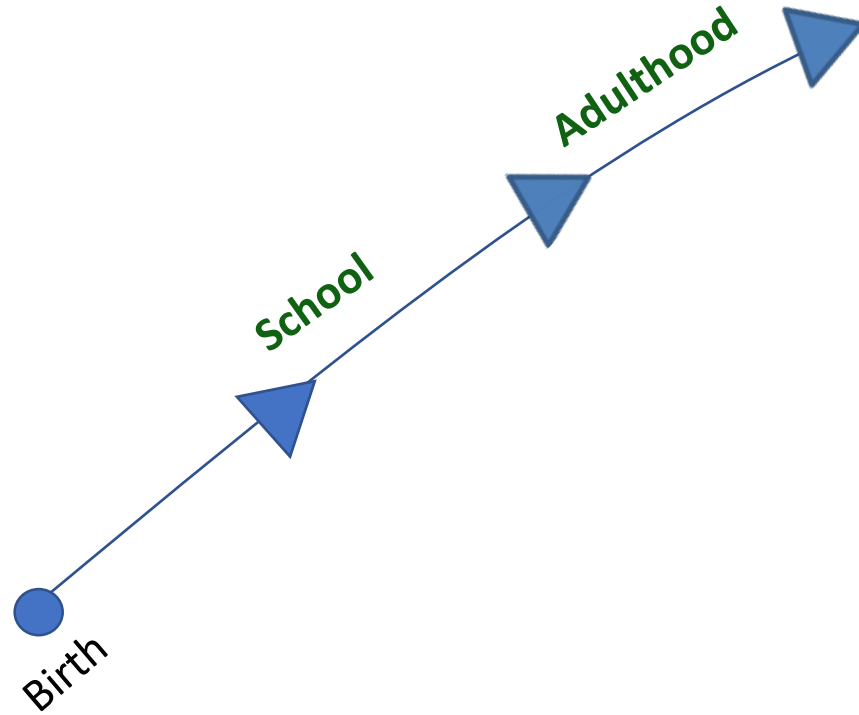
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What's *your*
definition of a
good life?



life”?

What influenced your trajectory?

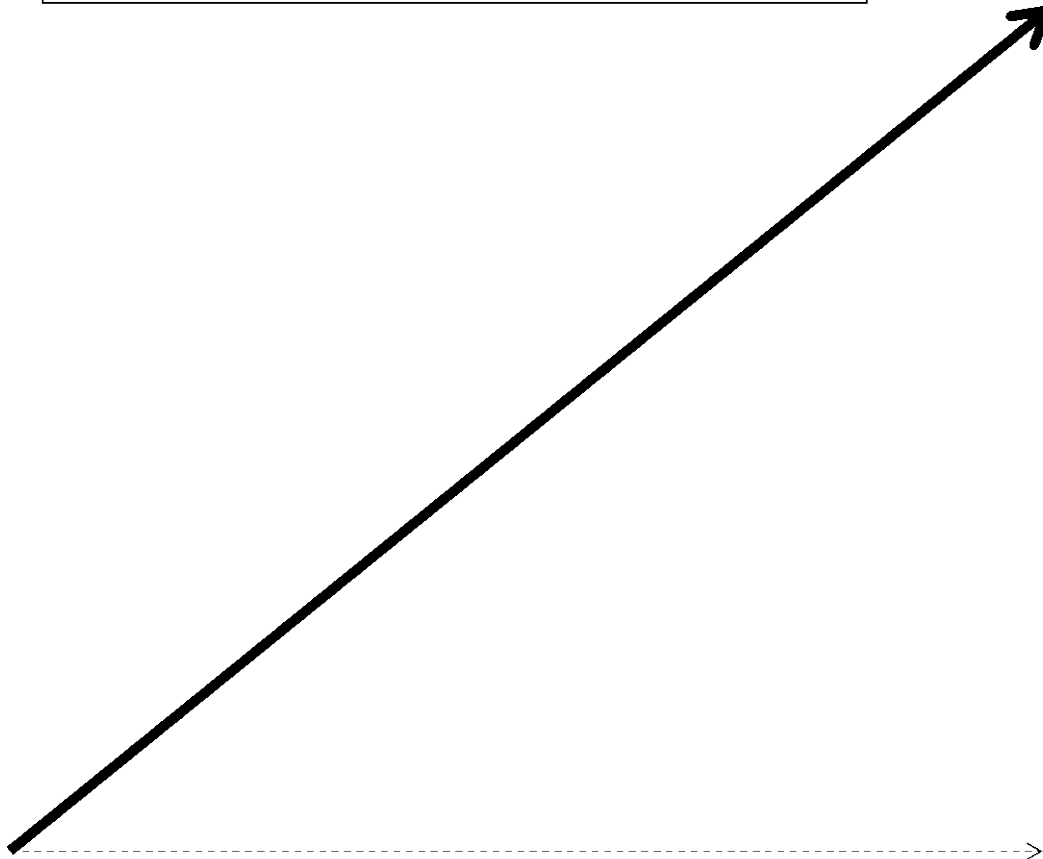


CHARTING the life course



Life Trajectory Worksheet: Individual

Everyone wants a good life. The bubbles on the right will help you think about what a good life means for you or your family member, and identifying what you know you don't want. You can use the space around the arrows to think about current or needed life experiences that help point you in the direction of your good life.



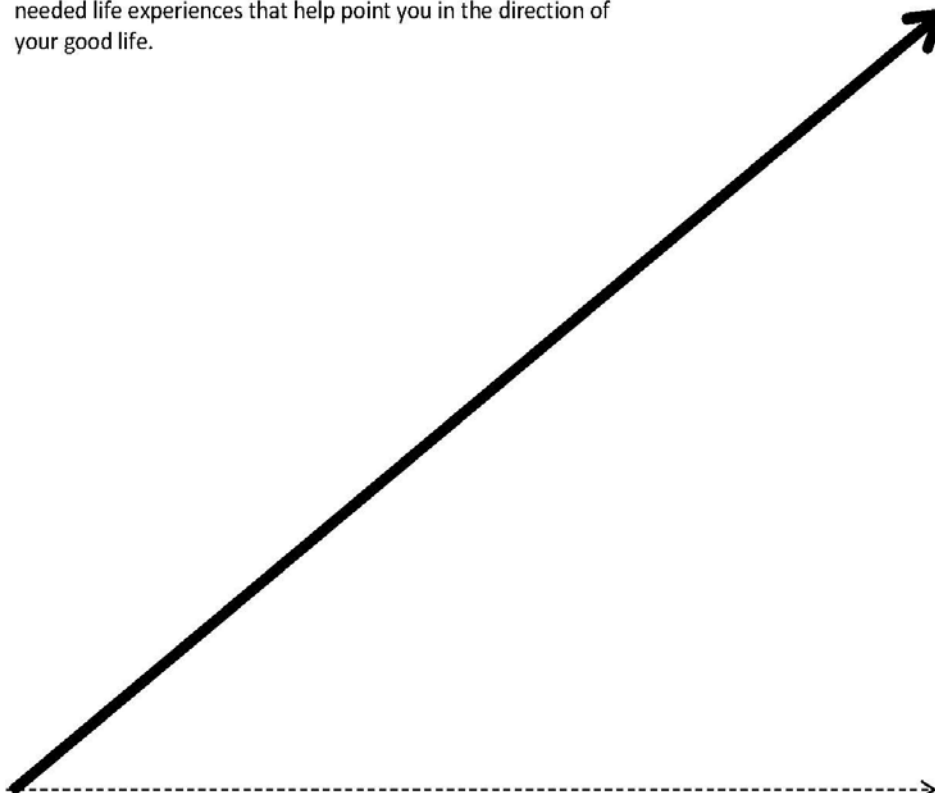
VISION for a GOOD LIFE

What I DON'T Want

CHARTING the LifeCourse

Life Trajectory Worksheet: Family

Everyone wants a good life. The bubbles on the right will help you think about what a good life means for you or your family member, and identifying what you know you don't want. You can use the space around the arrows to think about current or needed life experiences that help point you in the direction of your good life.



VISION for a GOOD LIFE

What I DON'T Want



<http://supportstofamilies.org/>

<http://www.lifecoursetools.com/planning/>

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