


Institute for  
Person-Centered  
PRACTICES


**Person Centered Planning  
Better Lives, Not Just Better Paper**

Presented by:  
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**The Institute on Person Centered Practices**  
A Collaborative Partnership with:  
The Center on Disability Studies at the University of Texas and  
The Center on Disability and Development at Texas A&M University

 TEXAS A&M  
UNIVERSITY  
CENTER FOR DISABILITY  
& DEVELOPMENT  
1985-2000-2010

<http://person-centered-practices.org/>

 TEXAS CENTER FOR  
DISABILITY STUDIES  
1985-2000-2010

**PURPOSE:**

- ✓ Introduce participants using a round

**SCRIPT:**

• The purpose of today's training is **to learn a set of skills that bridge to planning**

• Conduct a **round with the group asking them to state their name, where they work and one good thing that is happening in their work or personal life.**

• Describe notebook It doesn't match the ppt

• Meeting Map

• Time Keeper

**TIME: No more that 15 Minutes**

# 20 Years Ago...



**Herb Lovett said:**

**When you can improve  
David's quality of life...**

**as HE defines it...**

**His behavior will change.**

## Person Centered Planning

	Rehabilitation View	Independent Living View
<i>Terms for defining the problem</i>	Impairment/skill deficiency	Dependence on professionals, relatives and others who take over control of your life.
<i>Where is the problem located?</i>	In the person	In the environment & the way services do their work
<i>What's the solution?</i>	Professional intervention	Removal of barriers, advocacy, consumer control, & self-advocacy
<i>Who is the person?</i>	Patient/client	Person/citizen
<i>Who's in charge?</i>	Professional	Citizen
<i>What defines result?</i>	Maximum possible individual functioning as judged by professionals	Living independently (being in control of your life regardless of how much assistance you need to do so)

Normalization – "Origins of Person Centered Planning" – Connie Lyle O'Brien & John O'Brien

## Early Developers

- Beth Mount
- Connie Lyle O'Brien & John O'Brien  
Marsha Forest & Jack Pearpoint
- Ann & Rud Turnbull
- Michael Smull & Susan Burke Harrison



## Early Strategies (some still in use)

- **Personal Futures Planning**
  - **MAPS**
- **Group Action Planning**
  - **PATH**
- **Essential Lifestyle Planning**



In the US...A Tipping Point





## Person Centered Thinking, Planning, and Practice: The Federal Policy Context

Shawn Terrell  
Administration for Community Living





## Supported Decision Making for People with Intellectual and Developmental Disabilities: An Alternative to Guardianship



 Human Services  
Research Institute

GOOGLE:  
HRSI,  
SUPPORTED  
DECISION  
MAKING

## Quality Person-Centered Service Plans Will Ensure that Planning Leads to Important Individually Defined Outcomes

- People have positive control over the lives they have chosen for themselves
- They are recognized and valued for their contributions (past, current, and potential) to their communities
- They are supported in a web of reciprocal relationships, both natural and paid, within their communities
- They are employed as they want



Speaker Notes: States must adopt mechanisms that assess the degree to which individual's are able to exercise choice and control in their own life; the roles that are played and the contributions that are made to their community. We know that one of the greatest impacts of living with significant disability is loneliness and isolation. It is vital that people with disabilities are provided access to equal opportunities within the community to meet people, join groups, clubs and enjoy associational life, spend and make money, etc., It is in these social exchanges where the network of support expands to included associates and allies outside of the paid service community.