

# Challenging Behavior Resources

## **Challenging Behavior and Social-Emotional Skills – Resources**

The Backpack Connection Series was created by the Technical Assistance Center on Social Emotional Intervention (TACSEI) to provide a way for teachers, early interventionists and parents/caregivers to work together to help young children develop appropriate social-emotional skills and reduce challenging behavior. Please note: TACSEI is now within the National Center for Pyramid Model Innovations (NCPMI), which is funded by the office of Special Education Programs (OSEP).

### [National Center for Pyramid Model Innovations \(NCPMI\)](#)

The National Center for Pyramid Model Innovations (NCPMI) designed learning modules providing guidance for trainers working with infants and toddlers. The modules focus on social-emotional development, responsive routines, environments, and strategies to support social-emotional development.

### [NCPMI's "Making Life Easier" Series](#)

The series is designed specifically for parents and caregivers. This series of tip sheets contains valuable information on how to make often challenging events easier to navigate, and even enjoyable, for both caregivers and children.

### [Center on the Social and Emotional Foundations for Early Learning \(CSEFEL\)](#) [Information on biting](#)

This guide from the Center on the Social Emotional Foundations for Early Learning addresses biting.

### [CSEFEL Social Emotional Competence video.](#)

CSEFEL also developed a video about promoting social-emotional competence. The video is 30 minutes long.

### [CSEFEL "What Works".](#)

The Center on the Social Emotional Foundations for Early Learning has also developed a "What Works" series. These tip sheets are available in English and Spanish.

### [CSEFEL – Helping Children Learn to Manage Their Own Behavior](#)

Describes practical strategies and resources to help a child learn to self-manage.

## **Activity**

The following table provides a list of comments parents might make during a home visit. There are several blanks at the end of the table to add in comments you have experienced. This activity will help you develop a repertoire of developmentally appropriate suggestions to address parents' concerns about their child's behavior.

Consider:

- a more developmentally appropriate expectation,
- how you would respond, and
- strategies you would recommend when discussing behavioral concerns with a parent or caregiver.

Fill in the blanks with your answers. Check your responses and suggested strategies with your supervisor or an experienced EIS.

<b>Examples of what a parent might say...</b>	<b>Developmentally appropriate expectation...</b>	<b>How you would respond...</b>	<b>Strategies...</b>
Clara does not like books—she will flip through pages quickly while I try to read to her.	Clara will increase her attention span while her mother is reading to her, focusing for a shorter period of time, like pointing and naming 1-2 pictures on a page.	Toddlers have shorter attention spans and sometimes have to build it up over time.	Start by sitting and naming 1-2 pictures on a page, instead of reading word for word. Look at books just after snack time (if child is sitting in a high chair). Slowly add more pictures or slowly add reading a few pages.
Tim whines and cries when he gets put in his car seat.			
Gracie is hyper—she will not sit still to watch a movie with us.			
Ryan makes a mess when he feeds himself, but he insists on doing it alone and spills half of his food on the floor.			
Ethan is impatient—he throws a tantrum at the			

grocery store while I'm doing the weekly shopping.			
Joaquin gets angry when I don't understand what he wants. He will cry and scream when I ask him to tell me what he wants.			
Omar cries when it's time to leave the park even when I've told him we can only stay for 30 minutes.			
Elena does not like to share her toys. She will snatch them away and say "mine!"			

## **Activity**

After completing the chart and modules, discuss your results with your supervisor. Consider:

- Think of a similar situation you have experienced. How did you respond and what could you have done differently to establish a dialogue with the caregiver?
- How could you implement these strategies into your home visits?
- Which of the resources above is most applicable to your daily activity and how will you use it?